

Take-Out Menu



**Gourmet Deli Restaurant
and Caterers**
96-40 Queens Blvd
Rego Park, NY 11374
tel: 718 897-1700
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“APPETEASERS”

Stuffed Cabbage.....	5.95
Goulash	Pt.9.50.....Qt.17.95
Chicken Pot Pie	each 6.50
Roasted Chicken	6.95 lb.
Southern Fried Chicken.....	6.95 lb.
BBQ Chicken.....	6.95 lb.
Chicken Fingers.....	14.95 lb.
“Our Own” Stuffed Derma.....	6.50
“Unbelievable” Beef Chili.....	Pt.7.50
Noodle Pudding.....	6.50
Potato Pancake with Apple Sauce.....	3.50
Chopped Liver	8.50
Fried Kreplach.....	8.50

SOUPS

	PT.	QT.
Old Fashion Chicken Soup with Noodles or Rice.....	4.75	9.50
Matzo Ball.....	5.50	10.95
Kreplach	5.50	10.95
Mushroom Barley Soup.....	4.75	9.50
Soup du Jour.....	4.75	9.50

SALAD PLATTERS

Chopped Liver – (Our Own Delish Liver) on mounds of crisp Lettuce, Sliced Tomato, Potato Salad, Onion, Cole Slaw, Cucumber.....	12.95
Tuna Fish Surprise – Potato Salad, Cole Slaw, Garni.....	12.95
Chicken Salad-Tomato Surprise – Potato Salad, Cole Slaw, Garni.....	12.95
Chef Salad-Julienne of Turkey, Roast Beef, Salami-Served on Bed of Tossed Greens with Tomato wedges and Hard Boiled Egg..	16.95
Chilled Lettuce and Ripe Tomatoes, Green Pepper Olives Cucumbers Served with Your choice of Dressing.....	7.50
With Grilled Chicken	12.95

Tossed Salad – Iceburg & Leaf Lettuce	5.75
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DIETERS DELIGHTS

4 oz. of White Meat Turkey served on a Bed of Crisp Lettuce , Cucumber & Tomato..	9.50
Tuna or Chicken Salad Served on a Bed Of Crisp Lettuce, and Tomato.....	8.50

WRAPS

Tuna Salad, Chicken Salad, Turkey, Roast Beef, Grilled Chicken or Chili & Side Salad.....	10.95
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OVERSTUFFED SANDWICH

HOT CORNED BEEF.....	12.95
HOT PASTRAMI.....	12.95
BEEF TONGUE.....	14.95
ROLLED BEEF.....	13.95
BRISKET OF BEEF.....	13.50
PRIME ROAST BEEF.....	13.50
ROAST TURKEY.....	13.95
SALAMI.....	10.50
HARD SALAMI.....	11.50
BOLOGNA.....	10.50
CHOPPED LIVER.....	10.50
TUNA SALAD.....	10.50
CHICKEN SALAD.....	10.50
FRIED OR GRILLED CHICKEN.....	11.50

MAKE YOUR OWN COMBO SANDWICH

Any 2 meats	16.95	Any 3 Meats	17.95
Tongue on Combo Sandwiches		Extra	2.25

Our bread is custom baked daily to Our Recipe and has no Preservatives

EXTRAS

Too Much Grief or Aggravation to the Counterman \$1.00 extra			
Extra Lean Sandwich	2.00	Freshly Sliced Tomatoes....	.95
Served on Club Bread or Roll95	Extra Meat on Sandwich.....	2.50
Fried Onions.....	1.25	Garlic Bread.....	1.50

DELICATESSEN KORNER

(All Served with Potato Salad, Cole Slaw and Pickle)
No Substitutions Please

COLD CUT PLATTERS

CORNED BEEF.....	18.25	ASSTD COLD CUTS	19.95
TONGUE.....	20.95	ASSTD COLD CUTS	
ROLLED BEEF.....	19.25	(with TURKEY BREAST).....	20.95
BRISKET OF BEEF.....	18.50	SLICED TURKEY BREAST.....	21.50
PASTRAMI.....	17.25	ROAST BEEF.....	18.50

KNOCKWURST SPECIALS (2) 14.50

Grilled or Boiled
With Potato Salad or French Fries or Beans

“3 EGG” OMELETTES

(Served “PANCAKE” Style)
All served with French Fries and Pickle

CORNED BEEF or PASTRAMI with EGGS.....	13.95
SALAMI or BOLOGNA with EGGS	12.25
ONION OMELETTE.....	7.50
PLAIN OMELETTE	7.25
WESTERN OMELETTE.....	12.25
DELI OMELETTE.....	12.25

HOT OPEN-FACED SANDWICHES

HOT TURKEY SANDWICH, GRAVY, FRENCH FRIES CRANBERRY SAUCE, COLE SLAW and PICKLES	17.25
HOT ROAST BEEF, GRAVY, FRENCH FRIES, COLE SLAW, PICKLES.....	16.95
HOT BAKED BRISKET OF BEEF, GRAVY, FRENCH FRIES COLE SLAW, PICKLE.....	16.95
HOT BEEF TONGUE, GRAVY, FRENCH FRIES.....	20.50
SLICED STEAK SANDWICH, FRENCH FRIES	18.95
GRILLED OR FRIED CHICKEN CUTLET.....	12.95

**BEN'S VERY BEST
SUPER SPECTACULAR
CORNED BEEF, PASTRAMI
ROAST BEEF, TURKEY &
SALAMI ON CLUB
GARNISHED WITH LETTUCE,
TOMATO & HOT PEPPERS
23.95**



**Pastrami, Steamed Hard,
Salami, Brisket, Fried
Onions, Hot Peppers,
Balsamic Vinegar & Oil
and Mayo on Club 24.95**

BEN'S BEST

**HOT PASTRAMI, CORNED BEEF,
SALAMI, HOT PEPPER,
COLE SLAW ON CLUB 18.50**

1. **SEARS**
Pastrami, Corned Beef, Cole Slaw 17.25
2. **LEFRAK SPECIAL**
Turkey, Tongue, Corned Beef,
Russian Dressing 20.25
3. **RACHEL SPECIAL**
Turkey, Pastrami, Tongue,
Russian Dressing 20.25
4. **STANLEY SPECIAL**
Corned Beef, Turkey
Chopped Liver, Red Onion 17.50
5. **WEEKS LERMAN**
Chopped Liver, Crisp Lettuce, Sliced
Tomato, Bermuda Onion 11.75
6. **J.E.LEVINE BUILDER**
Rolled Beef, Tongue, Chicken
Salami and Cole Slaw 20.25
7. **DR. RUTH WESTHEIMER**
Brisket of Beef, Breast of Turkey,
Lettuce & Tomato Russian Dressing 17.75
8. **STERLING OPTICAL SPECIAL**
Open-Faced Sliced Breast of
Turkey, Chopped Liver 17.25
9. **DAILY NEWS**
SPORTS FINAL SPECIAL
Corned Beef, Pastrami, Rolled Beef
Sweet Pepper and Cole Slaw 18.50
10. **ALLYSON SPECIAL**
Sliced Turkey, Cole slaw, Stuffed Olives,
Russian Dressing (All White Meat) 14.95
11. **RANDI LEVINE SPECIAL**
Pastrami, Salami, Corned
Beef, Cole Slaw 17.75
12. **CONGRESSWOMAN**
NITA LOWEY
Roast, Turkey, Bermuda Onion 17.25
13. **MARSHALL'S SPECIAL**
Pastrami, Corned Beef, Tongue
Cole Slaw, Russian Dressing 20.25
14. **P.C. RICHARD**
Open-Faced Breast of Beef, Chopped
Liver, Bermuda Onion 17.25
15. **NEW YORK NEWSDAY**
Salami, Tongue, Corned Beef
And Cole Slaw 20.25
16. **ASAP SALES CORP**
Turkey, Tongue, Cole Slaw
Russian Dressing 19.50
17. **ARCH ELECTRIC**
Chinese Mustard, Rolled Beef,
Corned Beef, Sweet Red Pepper,
Cole Slaw, Russian Dressing,
(Tums Available on Request) 18.50
18. **BED, BATH & BEYOND**
Rolled Beef, Turkey, Corned Beef,
Sweet Pepper, Cole Slaw 18.50
19. **CONGRESSMAN GARY**
ACKERMAN SPECIAL
Open-Faced Corned Beef, Breast of
Turkey, Sliced Bermuda Onion, Russian
Dressing 17.25

20. NY TYPING & PRINTING

Hot Roast Beef, Pastrami, Sweet Pepper,
Fried Onions on Club 17.75

21. CONGRESSMAN PETER KING

Corned Beef(Lots of it), Aged Sauerkraut
Russian Dressing on Club 16.95

22. PARKSIDE CHAPELS

Tongue, Chopped Liver, Sliced Bermuda Onion 19.50
ON CLUB .75 EXTRA

ENTREES

A La Carte

OLD FASHIONED BOILED BEEF FLANKEN IN THE POT

Chicken Soup, Noodles, Fresh Carrots, Matzo Ball and Kreplach 23.95

BOILED CHICKEN IN THE POT

Chicken Soup, Noodles, Fresh Carrots, Matzo Ball and Kreplach 20.50

Potato and Vegetable not included in Above

- HALF ROAST or BOILED SPRING CHICKEN** 18.50
- CHICKEN CUTLET** 18.50
- HUNGARIAN GOULASH (In Casserole)** 18.95
- BRAISED FRESH BRISKET OF PRIME BEEF** 18.95
- STUFFED DERMA (3 Thick Pieces)** 13.50
- STUFFED CABBAGE ROLLS (2)** 18.25
- ROUMANIAN TENDERLOIN STEAK CHAR-BROILED** 25.95
- BEEF TONGUE POLONAISE** 23.00
- LONDON BROIL** 27.95
- CHAR-BROILED, CHOPPED STEAK** 17.25
- PRIME CUT ROAST BEEF** 18.50
- ROAST MARYLAND TURKEY** 18.95
- BEN'S FAMOUS CORNED BEEF AND CABBAGE** 18.50
- RIB STEAK (18OZ)** 29.00
- POTATO PANCAKES (3) – with Applesauce** 12.00

FROM THE SEA

BROILED SALMON 22.95

INCLUDES CHOICE OF TWO

POTATO	VEGETABLE
French Fries	Peas & Carrots
Baked Potato	String Beans
Boiled Potatoes	Broccoli
Oven Roasted Potatoes	Spinach & Garlic
Mashed Potatoes	

Derma Instead of Vegetable or Potato 2.50 Extra

HOT SIDE DISHES

- Spinach Log 7.95 per lb.
- Home-Made French Fries, Sweet Potato Fries or Onion Rings 4.95
- Potato Pancake with Apple Sauce 3.50
- Baked or Mashed Potato 4.50
- Baked Beans 3.95
- Mushroom and Egg Barley 3.95
- Kasha Varnishkes 3.95
- Fresh Spinach with Garlic 4.50
- String Beans or Peas and Carrots 4.50
- Homemade Knishes – Spinach/Cabbage 4.50
- Potato or Kasha Knishes 4.50
- Meat Knishes 4.95
- Frank on Roll 3.95
- Chili 5.50
- Stuffed Derma 3.50

COLD SIDE DISHES

- Three Bean Salad 3.25
- Pasta Salad 3.25
- Health Salad 3.25
- Potato Salad 2.50
- Macaroni Salad 2.50
- Cole Slaw 2.50
- Beet Salad 2.95
- Tomato Salad 3.95

SOMETHING DIFFERENT

KNISHWICH

Knish stuffed with your choice of Corned Beef or Pastrami

8.95

PU-PU PLATTER

Derma, Stuffed Cabbage Potted Meat Balls and a Special Treat Selected For You By Our Chef

16.25

BRAISED BRISKET OF BEEF

Served on Golden Brown Garlic Bread – A Real Treat For the Adventurous

15.00

P.L.T. GRILLED PASTRAMI

Lettuce & Tomato On White Toast

11.95

BEN'S BEST FAMOUS BATTERED DIPPED FRIED CHICKEN

(In The Basket) Served with OUR Home Made French Fries and Cole Slaw

12.95

CHICKEN NUGGETS

Served with French Fries

11.50

BURGER ENCOUNTERS

STEAK OR VEGGIE BURGER

8oz of Lean Steak or Veggie Burger Prepared the Old Fashioned Way And served on a Toasted bun

Steak 8.95 Veggie 6.95

SUPREME BURGER

8oz of Lean Chopped Beef Or Veggie Burger with Lettuce, Tomatoes, French Fries, Cole Slaw and Pickle

Steak 11.25 Veggie 9.25

Add Pastrami..... Extra 2.00

KIDS FARE

McBen's Nuggets & Fries..... 6.95
Mr. Frank n' Fries 6.95
Ben's Jr. Burger & Fries 6.95

DAILY SPECIALS

SUNDAY SPORTS SPECIAL:

WINGS BY THE POUND.....6.50

MONDAY:

SPRING CHICKEN – Roasted to Perfection, Served with Our Own Stuffing.....14.75

TUESDAY:

CHILI – AKA: (Cholent...with attitude)
Ground Prime Beef simmered with Kidney Beans, Peppers, Onions, whole Garlic – spiced
With Cumin and Ground Pepper in a Chili Sauce10.75

WEDNESDAY:

MEAT LOAF – *If Mama Made It This Good You Would Never Have Left Home. Served with Creamy Mashed Potatoes & Gravy..... 13.00*

THURSDAY

GRILLED CHICKEN BREAST ON A BUN
Plump Empire Chicken grilled to a golden brown, served with chilled lettuce and ripe tomato & our own hand cut french fries10.75

FRIDAY: Traditional Friday Night Dinner

HAND SLICED BAKED BRISKET

OF BEEF – *Served with Potato & Carrot Tzimmes 16.95*

BOILED CHICKEN IN THE POT

A Tender Boiled Chicken in Broth with Kreplach & Matzo Balls & Vegetable Garni 17.95

Roast Chicken Special

\$20.25

Tuesday & Friday

Whole Empire Roast Chicken
1 qt. Chicken Noodle Soup
1 lb. Homemade Cole Slaw

Choice of Kasha Varnishkes

Soup of the Day

Monday	-	Vegetable
Tuesday	-	Split Pea
Wednesday	-	Potato Soup
Thursday	-	Lentil
Friday	-	Split Pea
Saturday	-	Vegetable
Sunday	-	Split Pea

By The Pound

	1/4	1 lb.
Corned Beef	6.75	26.99
Pastrami	6.75	26.99
Roast Beef	6.85	27.50
Tongue	9.00	36.00
Brisket	6.85	27.50
Rolled Beef	6.50	26.00
Roasted Turkey	6.95	27.85
Hard Salami	5.65	22.50
Salami	3.65	14.50
Bologna	3.65	14.50
Chopped Liver	3.75	14.99
Tuna Salad	3.75	14.99
Chicken Salad	3.75	14.99

Extra Lean Meat By The Pound
Additional \$2.50

DESSERTS

HOMEMADE APPLE STRUDEL 4.95
SEVEN LAYER CAKE 4.95
FRESH FRUIT SALAD 4.95
NOODLE PUDDING <i>with</i> HOT FRUIT SAUCE 5.50
RUGALECH 5.50

BEVERAGES

SODA 1.75
HOT TEA 1.25
ICED TEA 2.25
SNAPPLE 1.95
COFFEE 1.25
SANKA 1.25
BOTTLED WATER 1.50

BEER

DOMESTIC
Bud Light
Budweiser
Miller Genuine Draft
Coors Lite
Michelob 3.95
Heineken
Becks
Sam Adams Seasonal Or Lite 4.95

PRICES SUBJECT TO
CHANGE WITHOUT NOTICE